

RISING COSTS HELPSHEET ROCHDALE



ROCHDALE FOODBANK

Opening times Monday to Friday, 10am-Midday (except Wed 10am-11:30am)

[A] Rochdale Foodbank Warehouse, Newgate[W] www.rochdale.foodbank.org.uk[E] ma@rochdale.foodbank.org.uk[T] 07847 463 483

THE HUB, PETRUS

Support accessing primary health care (including dentistry and counselling), drug and alcohol treatment, & welfare support, and help with employability skills/social isolation.

Open Monday to Friday from 9am-4pm.

[A] 73 Great George Street, Rochdale, OL16 1QG [W] www.petrus.org.uk/hub [T] 01706 526 289





ASPIRE TO INSPIRE COMMUNITIES

Weekly Food Pantry, Saturday 11am-1pm.

[A] 1c Regent Street, OL12 0HQ

[E] info@aspire2inspirecf.com [T] 07786 273 841

NIGERIA COMMUNITY ASSOCIATION

[W] www.ncaro.co.uk/about-us/ [E] info@ncaro.co.uk [T] 01706 341 673



MAHDLO YOUTH ZONE

[W] www.mahdloyz.org/ [E] info@mahdloyz.org [T] 0161 624 0111



ROCHDALE BOROUGH COUNCIL

Support programme to help vulnerable residents including food parcels.

[W] www.rochdale.gov.uk/wintersupport [T] 01706 923 685

