

# RISING COSTS HELPSHEET LANCASTER & MORECAMBE



### MORECAMBE BAY FOODBANK

Offers food parcel deliveries with a referral from Citizen's Advice (see below).

 $[W] \ www.morecambefoodbank.org.uk$ 

[E] info@morecambebayfoodbank.org.uk [T] 01524 932001

## MORECAMBE BAY UNIFORM PROJECT

Offers free uniform for local schools. Self referral form available on the website.

[W] www.morecambefoodbank.org.uk/uniformproject

[E] theuniformproject@morecambebayfoodbank.org.uk [T] 01524 932001





## NORTH LANCASHIRE CITIZEN'S ADVICE

Offering support and legal advice on a variety of subjects; including food bank referrals, housing and benefit applications.

[W] www.northlancashirecab.org.uk [T] 0808 278 7882

#### LANCASTER DISTRICT COMMUNITY HUB

Local council community hub offering support on a variety of issues.

[W] www.lancaster.gov.uk/sites/community-hub [E] customerservices@lancaster.gov.uk [T] 01524 582000





#### EGGCUP FOOD CLUB

Food club offering a variety of groceries & meals for a £5 weekly membership.

[W] www.eggcup.org

[E] admineeggcup.org

[T] 01524 928027